

TCM Affiliate Meeting

01.04.18

Present: Shawna Link, CCC; Sabrina Crevoiserat, ESCF; Diana Mitchell, Dream Catchers; Sara Dinkel, Dream Catchers; Jamie Cooper, CDDO; Nancy Rhone, CDDO; Jeremy Chard, CDDO; Robert Smith, CDDO; Tim Gorton, SLI; Corby Lockwood, TARC; Sara Ditch, Caring & Compassionate Care; Coleen Hernandez, CDDO; Jess Reling, CDDO; Sabrina Winston, CDDO; Paula O'Brian, CDDO; Billie Padilla, CDDO

Phone: Samantha Boldra, SAMI

CDDO Updates:

- Critical Incident Report (CIR): be sure to select a provider in the drop-down box even if TCM only.
- Reminder that CIR's are to be submitted to the CDDO and that if an AIR is made mark the box indicating an AIR has been made.
- Goals:
 - There are three components to a goal.
 - Measurable – goals must be trackable.
 - How progress/tracking is communicated.
 - Who is responsible for tracking.

If a goal is completed or is not attainable for the person an addendum can be added to the PCSP showing the reason why the goal was discontinued and a new goal added.

- Clarification has not been received on what to do for individuals that live alone or have Supportive Home Care. Goals can still be developed for these individuals.
- Reminder to complete the Status Action Form. If the person is closing your agency for services explain why.
- The TCM Provider list will continue to reflect case management agencies closed as long as there is a waiting list.

Guest Speaker:

Kim Dietrich, Topeka Independent Living Resource Center (TILRC)

- TILRC serves all people with disabilities no matter what age or disability even if the person is receiving HCBS services.
- They offer five core services: Peer Counseling, Independent Living, Accommodations, Community, and Advocacy, as well as several other assistive programs. See attached flier/brochure.
- TILRC also offers a Summer Intern Program which offers 10 individuals ages 14-19 an opportunity to work on a six-week project from late June to the first week in August. Each Spring individuals are encouraged to apply. More information to come.
- For more information contact Kim at kdietrich@tilrc.org.

Ken Lassman, TILRC, Seating Clinic

- Reminder that evaluations can take up to three months.
- Small donations for services are accepted (optional).

- Ken will be starting a monthly newsletter.
- For more information contact Ken at klassman@tilrc.org.

Kacy Seitz, Financial Advisor, CLTC, Northwestern Mutual

- Discussion on Special Needs Trust Fund Accounts which included questions about long-term support, resources and how is it paid for.
- Initially a team along with parents and other family members, if so desired, work together to set up a Life Plan. The team includes a financial advisor (recommended to be a fiduciary as they are required by law to do what is best for the person), a government benefits advisor (identifies local, state and federal programs available) and an attorney (estate planning/Special Needs Trust/Will).
- Things to consider includes naming a guardian., writing a will, naming a trustee.
- Special Needs Trusts allows up to \$12,000 per year savings; this account is taxable. Upon the person's death, the account reverts to the trustee to disburse.
- Kansas is part of the ABLE Alliance group. Currently there are 13 states in this group.
- ABLE accounts allow up to \$15,000 per year savings up to \$100,000. This money can be saved and spent tax free if it is used for the person's expenses. Upon the individual's death, the ABLE account allows for funeral expenses and paying outstanding debt but goes back to Medicaid.
- For more information contact Kacy Seitz at 816.412.1538 or kacy.seitz@nm.com.
- See attached information of questions to ask.

Upcoming:

- ✓ January 17 – Council of Community Members/Quality Oversight Committee 12-1 Training Room
- ✓ January 18 – KDADS/CDDO Business Meeting – 9:30 am-Noon Board Room

The next meeting is 3 pm on Thursday, March 1, 2018

Check the box if you have completed the task for your family:

- I've identified a legal guardian and trustee to handle my loved one's special needs
- I've planned where my loved one(s) will live if I'm not around
- I've made provisions to fund my loved one's expenses over time
- My family knows my hopes and goals for this person's quality of life
- I have a contingency plan for my loved one, should something happen to me
- I've drafted a Letter of Intent
- I've begun setting aside money for this person's future
- I fully understand the government benefits available to an individual with special needs
- My loved one will have adequate health insurance in the future
- I have an estate plan in place

_____ I would like help with some or all of the above, please contact me to setup an initial (free) consultation.

_____ I've got everything taken care of. Thank you for the information today, but I do not need more information.

Name: _____

E-mail: _____

Phone: _____

Child's Name: _____

After reviewing this checklist, what's most important to you today?

Return form to: Kacy Seitz: kacy.seitz@nm.com or Fax: 816-412-1525

Mission Statement

Topeka Independent Living is a civil and human rights organization. Our mission is to advocate for justice, equality and essential services for a fully integrated and accessible society for people with disabilities.

TILRC believes in the dignity of every person. Our belief dictates that we provide a set of services that insure dignified, self determined life-styles for people with disabilities. We provide services designed to empower individuals to participate in community life to the greatest extent possible and to experience productive, dignified lives.

When individuals with disabilities experience the power of moving beyond barriers, they help others become independent. Everyone becomes an advocate. Individuals who come together to present their demands to officials and government representatives become a force for change.

History

The Topeka Independent Living Resource Center was officially opened in November, 1980, however, its roots date back to the early 1970s. During those years, a movement across the nation was picking up momentum. This movement, called Independent Living, involves shifting societal attitudes about disability away from dependency, pity and charity and towards independence, integration, and removal of architectural and other barriers.

Topeka Independent Living Resource Center is a 501(c)3 private not for profit corporation dedicated to services and advocacy for people with disabilities. The majority of people on the Board of Directors and the staff, including decision making staff, are people with disabilities. TILRC is run by and for people with disabilities.

Funding

TILRC receives funding from Kansas Rehabilitation Services, Rehabilitation Services Administration, US Department of Education and from contracts and fee for services. Private donations are welcomed. Topeka Independent Living Resource Center, Inc. is an Equal Opportunity Employer and Service Provider.

Topeka Independent Living Resource Center, Inc.

501 SW Jackson St., Suite 100
Topeka, Kansas 66603-3300

785-233-4572 v/tty
785-233-1815 tty



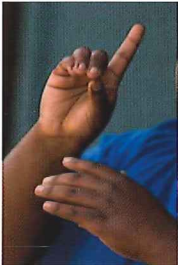
*Advocacy and services provided by
and for people with disabilities*

Independent Living Skills

Independent Living Skills are the tools we use everyday. The development of independent living skills offers a sense of independence and the freedom to control life choices. Our Independent Living Advocates can help people develop a plan for improving their lives, they can provide independent living skills training, and they can connect people to other resources for skill development.



Accommodations



At TILRC, we are members of an entire community. We provide information and referral services to community organizations. We also offer direct services that make incorporating full access and integration into all areas of community life simple. TILRC offers sign language interpreting and referral services. TILRC also has the capacity to produce documents in alternative formats, including Braille, large print and audio formats. TILRC provides technical assistance and accessibility surveys to community organizations and businesses to assure equal access for all people.

Community Integration

We provide information to help people make informed decisions in choosing to live in their own homes. We support people with intensive assistance to help in making the transition from an institution to their own homes. Our transitional living program offers a temporary place to live in making the move from an institution to community living.



In Kansas, Home and Community Based Services are available for people who would otherwise need the kind of services offered in a nursing facility. Our advocates can help people determine whether they are eligible for the state program. Our advocates help people using these programs learn the skills necessary to direct their own care; including how to supervise, train and schedule in-house workers. We also provide payroll services so in home workers are paid for their services, and all necessary taxes and insurances are withheld.

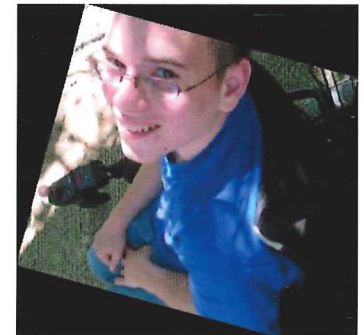
Peer Counseling

Many of our advocates are people with disabilities. They bring their personal experiences in navigating social service systems to get the services and supports they need to maintain independence. They can help with problem-solving, understanding choices and their consequences, and exploring options as a peer. By problem-solving together, people learn the skills needed to address similar issues in the future.

Advocacy

Advocacy is a way to negotiate with people or systems to get what a person needs to live independently. Effective advocacy requires an understanding of the system with the ability to meet a persons' need. At TILRC, our advocates are specially trained to help people work with many different systems to meet their goals for independent living.

Some times, the system itself is not fair. We are involved in systems advocacy at the local, state, and national levels. We work with other people and other groups to positively change laws, programs, policies and practices.



LET US HELP YOU ACHIEVE YOUR INDEPENDENT LIVING GOALS

TRANSITION – We have staff that specializes in facilitating the transition from an institution, like a hospital or nursing facility, back into the community. We help people connect with resources in the community to set-up or re-establish their own household. Whether it is through the Medicaid Home and Community Based Waiver Programs, private pay or some other source, we can help folks access the attendant care services they need.

BENEFITS – If you need assistance in finding out about or obtaining the benefits for which you are eligible, we can help. Our Benefits Advocate assists folks in applying for Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) benefits. If you want to return to work we can provide information on Social Security work incentive programs including designing a Plan for Achieving Self Support (PASS). We can also help answer your health care access questions, like how to choose the Medicare Part D Prescription Drug Plan that is right for you.



ASSISTIVE TECHNOLOGY/DURABLE MEDICAL EQUIPMENT

- We can connect you with programs which provide financial assistance for assistive equipment, such as shower chairs, toilet risers, walkers, wheelchairs and specialized telecommunications equipment.

WORK – If you want to work we can help you access services and programs provided by Kansas Vocational Rehabilitation Services to achieve competitive, integrated employment. We can also assist people with searching for a job, developing a resume, and completing employment applications. We can connect you with state work incentive programs, like the Working Healthy Program.

HOUSING – Finding affordable, accessible, integrated housing is never easy. We can help you find the housing that fits your needs. We can connect

you with programs to make accessible modifications to your home. If you are a renter we can educate you on your rights and responsibilities or provide assistance requesting reasonable accommodations.

INDEPENDENT LIVING SKILLS – If you are adjusting to a newly acquired or advancing disability or just new to living in your own place you may want some help learning the skills you need to run your own household. We can help you learn cooking, housekeeping, organizational and other daily living skills. If you're having trouble keeping a handle on your finances we can help you develop a budget or set up bill payment services.

TRANSPORTATION – If you need accessible transportation or don't drive just getting around in the community can be a challenge. Whether you need to learn to ride the bus or apply for the LIFT Paratransit Service, we can help you navigate the public transit system. We can also provide assistance with accessing Medicaid transportation for medical appointments.

SELF-ADVOCACY – Nobody knows what you need better than you. We can help you learn how to effectively communicate your needs to policymakers, bureaucrats and others, so you can speak up for your own rights.

SOCIALIZATION – We can provide information on social and recreational activities in our community and welcome your involvement in events organized by TILRC's Social and Recreational Committee.

These are just some of the ways we can help you live a more independent lifestyle. If you feel like you might benefit from any of these services or want to know more about how we can assist you please give us a call. For further information call Evan Korynta at 233-4572 (outside the Topeka area call 1-800-443-2207).